



HAP is here with the facts about your HMO — *and peace of mind for your family.*



Not your ordinary HMO Plan

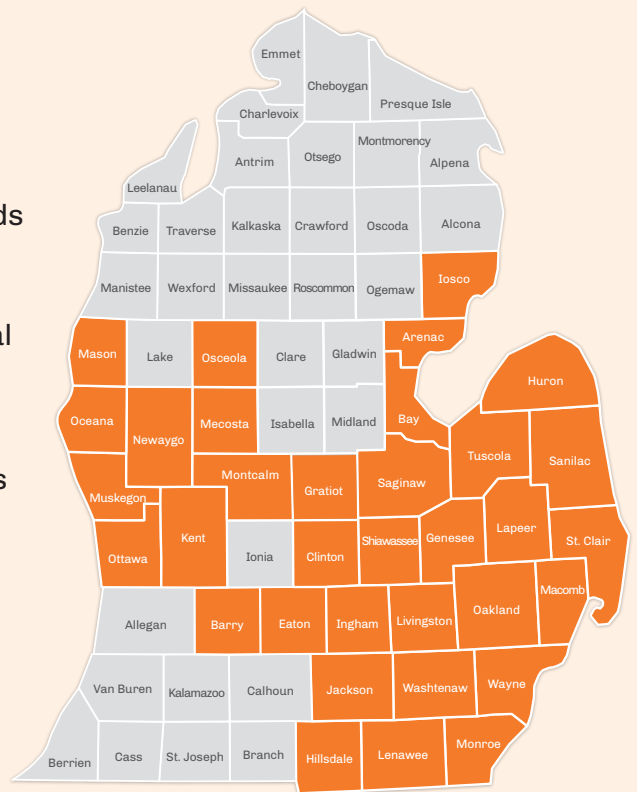
When enrolled in HAP’s HMO plan, you can choose your doctor from thousands of highly qualified primary care physicians (PCPs). Chances are, your current doctor and hospital are already part of an established network of providers. As a HAP member, you’ll choose a PCP. Your PCP may recommend specialty services from a certain specialist or facility, but you can choose to receive the care you need from any HAP contracted specialist without a referral.

With HAP, you can change your PCP whenever you want to, and everyone on your plan can select the PCP of their choice.

Here with the top doctors and hospitals

As a HAP HMO member, you can choose from thousands of doctors, in addition to Michigan’s leading hospitals. For 2024, we have expanded our HMO network from 20 counties to 34 counties, now covering many central and west counties in the lower peninsula for *State of Michigan employees!*

- Ascension Hospitals
- Covenant Medical Center
- Henry Ford Health Hospitals
- McLaren Hospitals
- MYMichigan Hospitals (formerly Mid Michigan)
- Spectrum Hospitals
- Trinity Hospitals
- U of M Hospitals
- And more!



Plus, if you need to see an in-network specialist, there’s absolutely no referral needed.
Explore plan benefits at HAP.org/som.

HAP and its subsidiaries do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.

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No referral needed

With this plan, your care is coordinated through your primary care physician. Your PCP will provide your preventive care, keep your medical history updated and help you choose a specialist if you need one. When you need to see a specialist for an initial consultation, you don't need to get a referral from HAP.

Virtual doctor visits

Telehealth services refers to convenient "virtual" visits between patients and doctors through communications technology. Your virtual care benefit gives you access to your doctor's office from the convenience of your home.

myHAP ID Card app

myHAP card is a digital ID card that makes it easy to:

- View the ID cards of everyone on your plan.
- Share your ID card via email or fax.

myHAP card digital ID card is free and available at the Apple and Google Play app stores.

Take the worry out of your travel plans

HAP and Assist America are there to help when travel emergencies happen. When traveling 100 miles or more away from home or in another country (for no more than 90 days in a row), Assist America will arrange and pay for all covered services it provides.

Find out more at [HAP.org/som](https://www.hap.org/som).

Get an Active&Fit™ fitness membership for \$28/month

HAP also offers the Active&Fit Direct™ program that makes it easy for you to get on the path to a happier, healthier life through regular exercise. Choose from 12,200+ Standard Fitness Centers and Studios, 9,700+ Digital Workout Videos and more, all starting at just \$28 a month. No long-term contract! Find out more at [HAP.org/som](https://www.hap.org/som).